

Assistant Health Psychologist Advert

Role Overview

I am looking for a motivated person with initiative and a passion for health psychology to assist me in my private practice (note this is not NHS work). The candidate will have a range of duties including online intervention development for people with irritable bowel syndrome (IBS) and people wishing to improve their mind-body connection for overall wellbeing. Part of the role will involve the development of clinical skills including workshop facilitation, screening calls and receiving training in the delivery of cognitive behavioural therapy for IBS. Other aspects of the role will include the development of research skills including literature searches, data management (and potentially analysis), publication editing and editorial administration. There will be scope for the right candidate to feature on peer-reviewed publications, dependent upon their input in accordance with APA recommendations. The candidate will work closely with me, remotely, with regular check ins. They will be set clear goals and deliverables and these will be monitored and reviewed together.

The work will be issued on a monthly basis with an estimated 4 hours a week of work, however this may vary month to month. Therefore this role would not be suitable as a person's main source of income. It would likely suit someone completing further study, working part time or on an already self-employed basis. I am flexible in terms of when the work gets done, however meetings will generally take place on Friday mornings, so candidates will need to be available then.

Person Specification

The right person will show initiative and independent thought, with clear examples of this. They will have a good standard of written English and good communication and interpersonal skills. They should have a good knowledge of psychology, having studied at undergrad or the equivalent. Ideally the candidate would have a knowledge and understanding of health psychology models and practice.

Specification	Essential	Desirable
Be UK based	X	
Has a BSc Psychology or equivalent qualification	X	
Has a MSc in health psychology		X
Has an interest in health psychology	X	
Good interpersonal skills	X	
Has a DBS or is able to get one	X	
Completed GDPR data training or able to complete it	X	
Able to work on a freelance basis and submit self-assessment tax	X	
Good academic and lay writing skills	X	
Able to work to specified deadlines	X	
Good initiative and independent working skills	X	
Experience facilitating group workshops and/or online interventions		X

Experience working with people seeking help/support		X
Has a stable internet connection or can get one for specified times (with privacy)	X	
Research experience	X	
Publication writing experience		X
Good MS Office skills	X	
Graphic design interest/skill		X

Duties and Responsibilities

Responsibilities over time are likely to include the following. This is subject to the term we work together and incoming work and projects. We will prioritise roles and responsibilities together

- Developing and editing CBT- based self-management intervention materials for clients
- Screening incoming inquiries
- Co-facilitating online group workshops
- Scope for delivering guided self-help one to one or email support (this is subject to candidate skill and timing of projects)
- Journal editorial administration
- Prepping articles for publication
- Contributing to articles for publication
- Organising and contributing to a working group for women’s health (including minuting meeting, organising collaborations, with potential scope for specific project involvement – although specific project work would not be able to be paid and would be on a voluntary basis. This would be the candidate’s own choice and not expected)

Payment

In line with the agenda for pay scale (<https://www.nhsemployers.org/pay-pensions-and-reward/nhs-terms-and-conditions-of-service---agenda-for-change/pay-scales/hourly>), the role would be the equivalent to an NHS band 5 role (spine point 16 dependent on experience). The hourly wage would be £12.74 and hours would be agreed in advance of each month. The candidate would invoice me directly by the 26th of each month, with payment made on the same day in most cases, but no later than 2 days.

Application and interview

To apply for this role, please send a CV to info@healthpsychologist.co.uk with a covering letter of maximum 800 words. In you cover letter you should provide specific examples from your CV that evidence how you meet different aspects of the candidate specification. This does not need to be in extensive detail, at this stage.

If you are successful, I will be in touch with you and arrange a time for a remote interview on zoom or teams. Interviews will be between 20 and 30 minutes. Please rest assured it makes no difference if you present as nervous or anxious, just that you are able to communicate why you would be a fit for the role.

I am trying to complete the recruitment process quickly but it could take about 3-4 weeks to hear back from me. If you are not successful, it is not because you are not good. We know psychology entry positions is a saturated market so please be kind to yourself if you are unsuccessful in your application.